

<b>Rating</b>	<b>Time (Minutes/Seconds)</b>
Poor	more than 3.45
Below Average	3.31 - 3.45
Average	3.16 - 3.30
Above Average	3.01 - 3.15
Good	2.46 - 3.00
Excellent	2.45 or less

Source: <http://www.topendsports.com/testing/tests/800m-run.htm>