

Rating	Males (non dominant hand)	Males (dominant hand)	Females (non dominant hand)	Females (dominant hand)
Excellent	>57	>61	>36	>40
Good	51 - 56	55 - 60	31 - 36	35 - 40
Average	45 - 50	49 - 54	25 - 30	29 - 34
Fair	39 - 44	43 - 47	19 - 24	23 - 27
Poor	<39	<43	< 19	< 23