

Rating	Males <20 years	Females < 20 years
Very Poor	<0.76	<0.41
Poor	0.76 - 1.05	<0.41 - 0.57
Fair	1.06 - 1.18	0.58 - 0.64
Good	1.19 - 1.33	0.65 - 0.76
Excellent	> 1.33	> 0.76