

Males

Rating	17-19	20-29	30-39	40-49	50-59	60-65
Excellent	>56	>47	>41	>34	>31	>30
Good	47 - 56	39 - 47	34 - 41	28 - 34	25 - 31	24 - 30
Above Average	35 - 46	30 - 39	25 - 33	21 - 28	18 - 24	17 - 23
Average	19 - 34	17 - 29	13 - 24	11 - 20	9 - 17	6 - 16
Below Average	11 - 18	10 - 16	8 - 12	6 - 10	5 - 8	3 - 5
Poor	4 - 10	4 - 9	2 - 7	1 - 5	1 - 4	1 - 2
Very Poor	<4	<4	<2	0	0	0

Females

Rating	17-19	20 -29	30 -39	40 - 49	50 - 59	60 - 65
Excellent	>35	>36	>37	>31	>25	>23
Good	27 - 35	30 - 36	30 - 37	25 - 31	21 - 35	19 - 23
Above Average	21 - 27	23 - 29	22 - 30	18 - 24	15 - 20	13 - 18
Average	11- 20	12 -22	10 - 21	8 - 17	7 -14	5 -12
Below Average	6 - 10	7 - 11	5 - 9	4 - 7	3 - 6	2 - 4
Poor	2 - 5	2 - 6	1 - 4	1 - 3	1 - 2	1
Very Poor	0 - 1	0 -1	0	0	0	0